



2016 ICF CANOE SPRINT MASTERS WORLD CHAMPIONSHIP TRAKAI LITHUANIA



Information Bulletin I

Dear Sport Friends,

Lithuanian Canoe Federation is pleased to announce that it has the honor to organize the 2016 ICF CANOE SPRINT MASTERS WORLD CHAMPIONSHIP. It will be held on 23-24 July in Trakai, the ancient capital of Lithuania. The registration for the Championships will start on 15th March. Below you will find all the necessary initial information.



President Aleksandras Alekrinskis Lithuanian Canoe Federation

ABOUT LITHUANIA

Lithuania (Lithuanian: *Lietuva*, officially the Republic of Lithuania, is a country in Northern Europe. Lithuania has an estimated population of 2.9 million people as of 2015, and its capital and largest city is Vilnius. Lithuanians are a Baltic people. The official language, Lithuanian.

For centuries, the southeastern shores of the Baltic Sea were inhabited by various Baltic tribes. In the 1230s, the Lithuanian lands were united by Mindaugas, the King of Lithuania, and the first unified Lithuanian state, the Kingdom of Lithuania, was created on 6 July 1253. During the 14th century, the Grand Duchy of Lithuania was the largest country in Europe; present-day Lithuania, Belarus, Ukraine, and parts of Poland and Russia were the territories of the Grand Duchy. With the Lublin Union of 1569, Lithuania and Poland formed a voluntary two-state union, the Polish–Lithuanian Commonwealth. The Commonwealth lasted more than two centuries, until neighboring countries systematically dismantled it from 1772–95, with the Russian Empire annexing most of Lithuania's territory.

As World War I neared its end, Lithuania's Act of Independence was signed on 16 February 1918, declaring the establishment of a sovereign State of Lithuania. Starting in 1940, Lithuania was

occupied first by the Soviet Union and then by Nazi Germany. As World War II neared its end in 1944 and the Germans retreated, the Soviet Union reoccupied Lithuania. On 11 March 1990, a year before the formal dissolution of the Soviet Union, Lithuania became the first Soviet republic to declare itself independent, resulting in the restoration of an independent State of Lithuania.

Lithuania is a member of the European Union, the Council of Europe, a full member of the Schengen Agreement and NATO. It is also a member of the Nordic Investment Bank, and part of Nordic-Baltic cooperation of Northern European countries. The United Nations Human Development Index lists Lithuania as a "very high human development" country. Lithuania has been among the fastest growing economies in the European Union and is ranked 20th in the world in the Ease of Doing Business Index. On 1 January 2015, Lithuania adopted the euro as the official currency and became the 19th member of the Eurozone.

ABOUT TRAKAI

Trakai is a historic city and lake resort in Lithuania. It lies 28 kilometres (17 miles) west of Vilnius, the capital of Lithuania and 31 kilometres from Vilnius International airport.

Historically, communities of Karaims, Tatars, Lithuanians, Russians, Jews and Poles lived here. There are 200 <u>lakes</u> in the region, of which the deepest (46.7 m) is Galvė with its 21 <u>islands</u>. There are <u>Trakai Historical National Park</u> and <u>Aukštadvaris</u> Regional Park founded in the territory of the region.

VENUE



Lithuanian Olympic Sports Centre, Rowing Centre Karaimu str. 73, Trakai.

COMPETITION PROGRAMME

21-22th July (Thursday, Friday)

access period official training technical meeting

23rd July (Saturday)

200 m races

medal ceremonies, official opening ceremony of the world championships, banquet

24th July (Sunday)

2000 m races medal ceremonies

EVENTS

	200 m	2000 m
Men	K-1/K-2/K-4/C-1/C-2/C-4	K-1/K-2/K-4/C-1/C-2/C-4
Women	K-1/K-2/K-4	K-1/K-2/K-4
Mix: (two women + two man)	K-2/K-4	K-2/K-4

ATHLETES ELIGIBILITY

There will be different age for each of the above events.

A master competition can compete in a Masters event in a year when he/she reaches the lower limit of the age category, i.e. in the 35-39 age group in the year of his or her 35th birthday. In the K-2/C-2 or K-4/C-4 events the average of the competitors will determine the category in which a crew can compete.

Age group categories will commence from age 35-39 an increase upward in 5-year age intervals.

GROUPS

35-39/ 40-44/ 45- 49/ 50-54/ 55-59/ 60-64/ 65-69 / 70+

REGISTRATION / ENTRY

Registration entry will start at 15th March on www.bki.lt

ENTRY RULES

Every competitor represents himself/herself and is responsible for the entry and participation.

REGISTRATION FEE

Every competitor must pay 100 € registration fee. The registration fee includes the following services:

Lunch on Saturday and Saturday
Banquet with dinner on Sunday
T-Shirt
Medical care at the course
Security service at the course
Free Wi-Fi on regatta course
Organization fee



ACCOMMODATION

You will be offered the hotels in Trakai and Vilnius. The hotels will be of categories A, B and C. Also the places in the camping at the competition venue will be available.

BOAT RENTAL

We will offer you the boats for rent. But you are strongly recommended to bring your own boats, especially C-4's and K-4's.

MEDICAL REQUIREMENTS

Each competitor has to sign the statement attached to the accreditation that he/she is fully responsible for his/her good physical health and fitness and that the organizer does not take any responsibility for any accident caused by the competitor's physical condition during competition.

INSURANCE

All official participants of the event are strongly advised to take out a medical insurance policy in their respective countries.

MEDICAL CARE

The following medical services are available for all official participants of the event: doctor on duty, hospital and clinic assistance. A medical centre will operate at the regatta course with ambulance and first aid. The costs above the regular first aid, ambulance and physiotherapeutic services are to be covered by your medical insurance policy, the Organizing Committee is not responsible to cover your expenses in connection with hospital treatment, dental treatment or any other medical treatment.

VISA

All participants are kindly requested to contact the Lithuanian Embassy or consulate in their respective countries as to the visa requirements.

ORGANIZING COMMITTEE

Lithuanian Canoe Federation E-mail: icfmasters2016@gmail.com

Web: www.bki.lt

